



## Evonne Weinhaus Bio

Evonne Weinhaus, LCSW, LPC is a best-selling author, animated speaker and relationship therapist.

**Author.** Evonne Weinhaus started her writing career co-authoring two books for parents -- **Stop Struggling with Your Teen--** and **Stop Struggling with Your Child.** **Stop Struggling With Your Child**, co-authored with Karen Friedman, won *Child's Magazine* award for Excellence in Family Issues. Viking Penguin bought the rights to **Stop Struggling With Your Teen** (1988) and Harper Collins bought the rights to **Stop Struggling With Your Child** (1991). More than a quarter of a million copies were sold and Weinhaus was featured on TV – the *Oprah Winfrey Show*, *Today Show* and *Good Morning America* – and in magazines – including *Woman's Day*, *Family Circle*, *Working Mother's McCall's*, *Selling Power*, *Balance*, and *New York Times Syndicate*,

More currently, Weinhaus is one of the teachers in the new movie, *Breakthrough: Ordinary People Having Extraordinary Conversations* that's being released in April ... check it out at [www.breakthroughthemovie.com](http://www.breakthroughthemovie.com). **A New Fearless You**, co-authored with Cindy Smith, MA is Weinhaus's latest fear-busting best seller.

The message of this book comes from Weinhaus' experiences both personally and professionally. "You have a brain tumor" were the words that changed her life irrevocably and started her on her life changing journey. The ironic thing about the tumor is that it had blocked her emotions for more than 10 years ... leaving her utterly fearless. Its removal left her to deal with a flood of emotions, including paralyzing fears, thus forming the strategies in the book for overcoming them.

How do you make fear less scary? How can a book about fear not make people more fearful? With her daughter's encouragement, she decided to use games as a way to present fears- childhood games we only thought we outgrew but still play. And in the end? A thought provoking, eight question *Hide and Seek* process that is masterful in its simplicity but powerful in its impact. It forms the foundation for **A New Fearless You** with its eye-opening secrets and one word actions that give you an easy-to-follow road map to get more out of your life.

**Speaker.** Weinhaus has been an animated speaker for more than 25 years, giving engaging keynotes, workshops and seminars on topics that incite her passion – creating transformations by helping people relate to themselves and ultimately with others better by Playing Together in the Sandbox nicely (said in the language of games, of course). Her infectious humor, spin on stories and gift of gab have made her a favorite on the speaking circuit. Her past clients have included include Merck & Co, Hewlett Packard, and American Express, as well as a host of other large and small businesses and companies.

**Relationship Therapist.** 25 years of counseling individuals and couples has made Weinhaus a **Hide and Seek Deva** and provided a lot of fodder for **A New Fearless You**. She recently received certification as an Imago therapist, which is a form of couple’s counseling that is based on the best-seller “Getting The Love You Want” by Harville Hendrix, PhD. Imago therapy is based on the belief that everyone *unconsciously* picks their perfect mate – their Imago mate. This is where Evonne comes in. She helps people develop a conscious, intimate, and committed relationship using the powerful principles of Imago therapy.

**Personal.** Weinhaus has lived in St. Louis all her life and has been married to Sheldon Weinhaus for more than 40 years. She is the mother of three children and has seven grandchildren, whom she appreciates for teaching her the true meaning of playing – particularly Hide and Seek!