



Interview Questions

1. Why did you write *A New Fearless You*?
2. In a few words, can you tell us what the book is about?
3. What makes your book different than others?
4. You had a brain tumor that blocked your emotions for ten years, essentially leaving you fearless. When the tumor was removed, how did you deal with the flood of emotions?
5. If you were going to give someone advice about becoming fearless in two minutes or less, what would you say?
6. You mention many childhood games that grownups still play throughout your book. How would we know if we are playing these games?
7. Specifically, how do grownups play Hide and Seek?
8. Most importantly, how do we STOP playing games and what are the advantages in doing so?
9. Why do many of our relationships have the same issues with a different cast of characters?
10. What did you learn yourself from writing this book that would help others?
11. What do you hope people will gain from reading *A New Fearless You*?

For more information about *A New Fearless You*,
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